



## *Covid 19 Re-Opening Plan*



## **PREPARING FOR RE-OPENING**

Hello Twister Nation,

While we are not open yet, we want to let you know that we are working hard to be ready when we receive the "all clear". We want to first say a huge "thank you" to the community for your love and support as the last four weeks have elapsed. We have realized that our Twister family is truly the best! As you can imagine our #1 priority is the health and safety of our kids, and want to ensure as we open we continue to follow guidelines to keep everyone safe!

With this being said, we have outlined a What to Expect Guide to help you as we navigate through new waters. When we have been given the clear to move into Phase 1 we will let you know.



# SAFETY

## *General Precautions*



## LOBBY MODIFICATIONS

All areas of Twisters and Lamplighters Event Center will be used for classes in order to promote social distancing. Our lobby seating will be a little more spread out than normal to comply with social distancing recommendations and the games will not be available in Phase 1. Please do not sit at tables that are sectioned off during this time. Barstools will be spread out, and children's tables will be closed.



## SANITIZING

The lobby, door handles, tables, etc. will be sanitized several times throughout the night. Mats and all equipment will be sanitized between athlete rotations. Flexi rolls (the large spring floors) will be "bombed" with sanitizer each night. The sanitizer that will be used is a professional-grade, sanitizer that is only available for commercial purchase by restaurants. This sanitizer is safe for human contact and clothing.

## HAND WASHING

Before and after each class, all athletes will be required to wash hands with soap and warm water. Coaches will facilitate this and will be doing the same. While hand sanitizer is more challenging to find these days, we'll also have that available during classes.



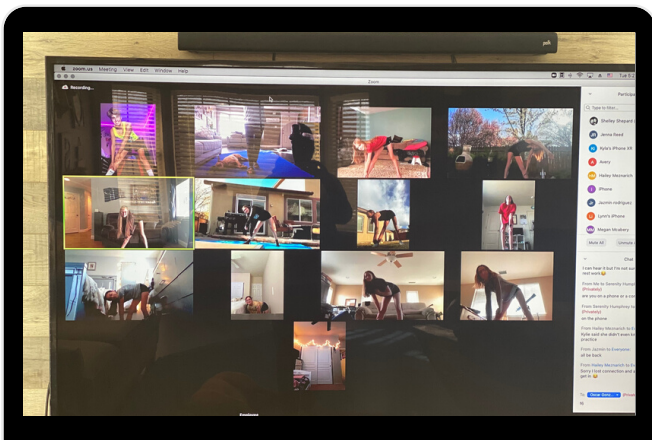
# Phase 1

## WHAT TO EXPECT DURING PHASE 1

Phase 1 Opening allows gyms to open as long as they can maintain appropriate social distancing.

In addition to the general guidelines as outlined on page 2, we will be opening during phase 1 for private lessons, semi-private lessons, batting cages and with a modified class schedule. Birthday parties with less than 10 participants in each zone may also resume.

- During phase 1, we will operate using the schedule that has been provided for virtual classes. Each class will run 45 minutes.
- Parents must notify the gym of their intent to attend a class. The maximum number of preschool athletes per class will be 6, and the maximum number of athletes in all other classes will be 9.
- The gym will be divided into zones containing no more than 10 people per zone.
- Teams will be divided into zones with their own coach to ensure we can maintain less than 10 people per group. Athletes will not stunt during Phase 1, though stunting drills may be conducted as long as athletes can be spaced apart.
- Live daytime classes will be available in the gym throughout Phase 1 to ensure families can maintain as much separation as possible throughout this time.
- Anyone demonstrating a fever, cough or other COVID symptoms may not participate in activities in the gym until cleared by a medical professional.
- Unlimited classes (live and virtual) will continue to be available for anyone who has maintained a membership at Twisters since March 15. (We appreciate you!)
- Minimal spotting will be conducted during this time. Coaches will use sanitizer during each athlete rotation.



*Unlimited virtual classes will continue to be available throughout May. The virtual classes are available to all members of the family. Please do not feel the pressure to attend live classes if you're not comfortable doing so. We will continue virtual classes until everyone is comfortable attending in-person again!*



# Phase 2

## WHAT TO EXPECT DURING PHASE 2

Phase 2 will allow Twisters to resume some normal activities and events.

In addition to the general guidelines as outlined on page 2, the following precautions will be taken:

- Clinics and special events that allow for social distancing will resume at this time.
- Open gym will resume normal operations for tumbling only. No stunting will be allowed during this time.
- Groups of no more than 4 people may be in each batting cage.
- The escape room will re-open to members of the same family.
- The arcade will continue to be closed, but lobby corn-hole will be open provided that the bean bags are returned to the front desk between games to be sanitized.
- Dance recital performances will take place on the large, main floor with proper social distancing and will be streamed for spectators. Participation in the recital is optional.
- A modified schedule of virtual classes will be available during this time with at least one class for each tumbling level per week. Members will receive access to a video library as well.
- Please continue to limit the non-family spectators during classes at this time.

## BASIC HEALTH REMINDER

*Before you come in ask  
yourself...*

Please keep your child home if they demonstrate any type of illness including:

- Fever
- Cold or Flu Symptoms
- Running Nose
- Cough

Any athlete who has symptoms of Covid-19 should remain home until they have been cleared by a doctor or until the 14 day isolation period has passed.

It is the responsibility of all of us to keep the gym safe, if you have any concerns let us know immediately.





# Phase 3

## WHAT TO EXPECT DURING PHASE 3

Phase 3 allows us to open back up to full operation, still while following the guidelines on page 2 with a few small changes.

- Additional seating will be available in the lobby.
- Skills will be spotted in accordance with previous procedures and gym operations.
- Daytime Playtime, Camps, Clinics, and birthday parties may resume as previously conducted.
- Cheer teams may begin stunting, tumbling classes that conduct partner skills may resume that training.
- In the event of any slip back with the virus, we reserve the right to repeat phases as necessary to maintain the safety of our staff and families.

## MAKE UP CLASSES

*A quick reminder...*

We know this has been a challenging time for so many families. We are so grateful for those of you who supported Twisters during this time. Please remember - for every missed class, not only were you able to participate in virtual classes, but you earned make up classes as well. Those make up classes can be completed in any recreational class or program that is not session-based. It is possible to use those make-up classes for session-based programs such as Novice Cheer or Dance provided that you start at the beginning of the session and pay the pro-rated fee for any classes not covered by make-up classes. Please note, uniform and costume fees would apply. For those in a session-based class, you may use your make up class on tumbling, gymnastics or ninja. Please schedule those through the front desk. Please remember, you must have a current membership to complete your make up classes.

## OUR PROMISE TO YOU

*One thing you can be certain of - our commitment is to the safety of our families and staff. As a result, we will continue to maintain a clean and safe facility at all times. Our equipment has always undergone sanitation standards, and we pride ourselves on that. We know that once we stepped up our game on cleanliness, we weren't going back the other direction ever again. Rest assured our staff is fully committed to maintaining these measures moving forward.*